

Women's College, Tinsukia

Teaching Plan Starting from August, 2022 (Odd Semester)

Class: **BA Major & Generic (CBCS)**

Subject: **Education**

Semester: **BA 1st Semester**

Name of the Teacher: **Dr. Nabanita Deka**

PROCEDURE (A DETAILED DESCRIPTION OF HOW THE COURSE/LESSON WILL BE TAUGHT)

Class & Students	Title & Code of the Paper Allotted	Methods of Teaching	Steps to be Followed While Teaching	Teaching Materials	Unit	Topic	SL No of Class	Hours Required	Detailed Teaching Plan	Remarks/Books	
BA (CBCS) 1st Sem Major Total No of Students 29	Philosophical Foundations of Education EDNH 101	Analytical method (through lecture, interaction, discussion, Quiz, Question-answer) & PPT Presentation	Step 1 Preparation: Previous Knowledge Testing, Announcement of the Topic/ Statement of Aim Step 2 Presentation: Discussion and Explanation of the topic through chart, blackboard & Power Point, Comparison	Reference books, Projector, Laptop, Black board, chalk, duster, chart etc	4	Western Schools of Philosophy and Their Influences in Education	1	1	Introduction to the topic, basic idea of philosophy and western philosophy.	Chandra, S. S. & R. K. Sharma <i>'Philosophy of Education'</i> .	
							2	1	Theoretical basis of Yoga philosophy		Hiriyana, M. <i>"Outlines of Indian Philosophy"</i>
							3 & 4	2	Sattva, Raja, Tama, basic tenets, Postulates, The Eight fold path of Yoga, Educational implication of yoga		Hiriyana, M. <i>"Outlines of Indian Philosophy"</i>

			and Generalisation of the lesson taught				5	1	Class Test on the topics taught so far	
			Step 3 Application: Recapitulation through the presentation of the main points briefly, Question-answer from the portion taught on that day along with the previous contents of the same topic taught previously having link with it, Home assignment giving etc				6, 7 & 8	3	Idealism & their influence on educational aims, curriculum, method, teachers' role, discipline etc, their implication in the modern-day education	Dr. N.Deka & Dr.L. Ali <i>“Philosophical Foundations of Education”</i>
							9, 10 & 11	3	Pragmatism & their influence on educational aims, curriculum, method, teachers' role, discipline etc, their implication in the modern day education	Dr. N.Deka & Dr.L. Ali <i>“Philosophical Foundations of Education”</i>
							12, 13 & 14	3	Naturalism & its impact on educational aims, curriculum, method, teachers' role, discipline etc, their implication in the modern-day education.	Dr. N.Deka & Dr.L. Ali <i>“Philosophical Foundations of Education”</i>
							15	1	Class Test on the topics of Pragmatism, Idealism & Naturalism	

BA (CBCS) 1st Sem Major Total No of Students 29	Sociological Foundations of Education EDNH102	-do-	-do-	-do-	4	Education & Social Groups	16	1	Different kinds of curriculum based on various philosophies given in this course.	
							17 & 18	2	Revision & Question-answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							19, 20 & 21	3	Tutorial/Remedial	
								Total Periods required 21		Allotted Hours: 18+3 Actual Hours:18+3
							1,2	2	Introduction to the paper, social groups in Indian context: Characteristics & Classification	Adishesiah, W.T.V. & Pavanasam . R., “Sociology in Theory and Practice”
							3,4,5 & 6	4	Social disadvantages & inequalities in Indian society, meaning, causes & types	Deka, N & Ali, L “Sociological Foundations of Education”

							7	1	Class test on the topics of the unit taught so far	
							8,9 & 10	3	Education for economically & socially disadvantaged sections of Indian society with special reference to St, Sc, Women & Rural Population, Concepts of Equity, Equality & Access in	Hemlata, T., “Sociological Foundations of Education”
							11	1	Class Text on Socially & Economically Disadvantaged Group	
							12 & 13	2	Secularism, its Meaning and Role of Education in Secular Society & Reservation in Indian Education	Deka, N & Ali, L “Sociological Foundations of Education
							14 & 15	2	Revision & Question-answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							16,	3	Tutorial/Remedial	

BA (CBCS) 1st Sem Generic Total No of Students	Guidance & Counselling GEED101	-do-	-do-	-do-	1 & 4.1, 4.2, 4.4	Guidance	17 & 18			
								Total Periods required 18		Allotted Hours: 15+3 Actual Hours:15+3
							1,2	2	Meaning, nature, Definition and Scope of Guidance	Deka, N & Ali,L “Guidance & Counselling”
							3	1	Class test on the above- mentioned topics	
							4,5 & 6	3	Aims & Objectives of Guidance, need of Guidance, Principles of Guidance, Philosophical Basis of Guidance	Agarwala, R. “Educational, vocational guidance and counselling”
							7	1	Class test on the above- mentioned topics	
							8,9, 10 & 11	4	Psychological and Sociological Bases of Guidance, Types of Guidance: Personal Guidance & Social Guidance, Educational Guidance, Vocational Guidance, Health Guidance,	Gogoi, K.P. “ A Text Book on Guidance & Counselling”

								Individual and Group Guidance.		
							12	1	Class test on the topics of the unit taught so far	
							13, 14, 15 & 16	4	Guidance at Pre-school education, Guidance at Elementary education level, Guidance at Secondary Education Level, Guidance at Higher Education Level, Importance of good Guidance programme	Deka, N & Ali,L <i>“Guidance & Counselling”</i>
							17	1	Class test on the above mentioned topics	
							18, 19,20 &21	4	Meaning & definition of Educational Guidance, Meaning & definition of Vocational Guidance, Characteristics of Educational & Vocational Guidance, Relation between Educational & Vocational Guidance	Gibson, Mitchell M, <i>“Introduction to Counselling and Guidance”</i>

							22 & 23	2	Revision & Question-answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							24, 25 & 26	3	Tutorial/Remedial	
								Total Periods required 26		Allotted Hours: 23+3 Actual Hours:23+3

Women's College, Tinsukia

Teaching Plan Starting from August, 2022 (Odd Semester)

Class: **BA Major & Generic (CBCS)**

Subject: **Education**

Semester: **BA 3rd Semester**

Name of the Teacher: **Dr. Nabanita Deka**

PROCEDURE (A DETAILED DESCRIPTION OF HOW THE COURSE/LESSON WILL BE TAUGHT)										
Class & Students	Title & Code of the Paper Allotted	Methods of Teaching	Steps to be Followed While Teaching	Teaching Materials	Unit	Topic	SL No of Class	Period Required	Detailed Teaching Plan	Remarks/Books
BA (CBCS) 3rd Sem Major No of Students 27	Measurement & Evaluation in Education EDNH 302	Analytical method (through lecture, interaction, discussion, Quiz, Question-answer) & PPT Presentation	Step 1 Preparation: Previous Knowledge Testing, Announcement of the Topic/ Statement of Aim Step 2 Presentation: Discussion and Explanation of the topic through chart, blackboard & Power Point, Comparison	Reference books, Projector, Laptop, Black board, chalk, duster, chart etc	1	Concept of Measurement & Evaluation in Education	1	1	Meaning, nature, scope & importance of Measurement	Thorndike , R.L. & Hagen , E.P: <i>“Measurment & Evaluation in Psychology & Education”</i>
							2	1	Meaning, nature, scope & importance of Evaluation	Deka, N & Ali, L <i>“ Measurement & Evaluation in Education”</i>
							3	1	Relation & Differences between Measurement & Evaluation	

			and Generalisation of the lesson taught				4 & 5	2	Psychological & Physical Measurement, Types, Merits, Demerits, Relations	Thorndike , R.L. & Hagen , E.P: <i>“Measurment & Evaluation in Psychology & Education</i>
			Step 3 Application: Recapitulation through the presentation of the main points briefly, Question-answer from the portion taught on that day along with the previous contents of the same topic taught previously having link with it, Home assignment giving etc				6	1	Class Test on Physical & Psychological Measurement	
							7	1	Principles of Evaluation	Singh A.K.: <i>“Tests, Measurement and Research Methods in Behavioural Science”</i>
							8	1	Continuous & Comprehensive Evaluation	Thorndike , R.L. & Hagen , E.P: <i>“Measurment & Evaluation in Psychology & Education</i>
							9	1	Formative & Summative Evaluation	Thorndike , R.L. & Hagen , E.P: <i>“Measurment & Evaluation in Psychology & Education</i>
							10	1	Question-Answer on the topics of the units taught so far	

BA (CBCS) 3rd Sem Major No of Students 27	Great Educators & Educational Thoughts EDNH301	-do-	-do-	-do-	1.2, 2.2 3.2 4.2 5.2	Great Educators & Their Philosophical Thought	11	1	Diagnostic & Prognostic Evaluation	Singh A.K.: <i>“Tests, Measurement and Research Methods in Behavioural Science”</i>
							12	1	Revision & Question- answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							13	1	Tutorial/Remedi al	
								Total Periods required 13		Allotted Hours: 12+1 Actual Hours:12+1
							1,2,3 & 4	4	Yagyavalkya	Deka, N & Ali, L <i>“Great Educatirs & Educational Thoughts”</i>
							5	1	Class test on Yagyavalkya	
							6,7,8 & 9	4	Vivekananda	Deka, N & Ali, L <i>“Great Educatirs & Educational Thoughts”</i>

							10	1	Class test on Vivekananda	
							11, 12, 13, 14 & 15	5	J.J. Rousseau	Flew, Antony <i>“An Introduction to Western Philosophy”</i>
							16	1	Class test on J.J. Rousseau	
							17, 18,19 & 20	4	Jean Paul Sartre	Flew, Antony <i>“An Introduction to Western Philosophy”</i>
							21	1	Class test on Jean Paul Sartre	
							22, 23, 24 & 25	4	Paulo Freire	Flew, Antony <i>“An Introduction to Western Philosophy”</i>
							26 & 27	2	Revision & Question-answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							28 & 29	2	Tutorial/Remedial	

BA (CBCS) 3rd Sem Major No of Students 27	Experimental Psychology & Laboratory Practical EDNH 303	-do-	-do-	-do-	2 & 3	Memory	Total Periods required 29	Allotted Hours: 27+2 Actual Hours:27+2			
							1,2,3 & 4		4	Meaning, Nature, Types, Factors etc. (Theoretical part)	Chauhan, S.S <i>“Advanced Educational Psychology”</i>
							5,6		2	Memory Span for Digits	Anastasi, Anne, Urbina, Susana, Psychological Testing
							7,8 & 9		3	Memory Span for Letters	Anastasi, Anne, Urbina, Susana, Psychological Testing
							10 & 11		2	Recall & Recognition	Anastasi, Anne, Urbina, Susana, Psychological Testing
							12 & 13		2	Concept, Types etc (Theoretical Part)	Anastasi, Anne, Urbina, Susana, Psychological Testing
							14 & 15		2	Span of Attention	Anastasi, Anne, Urbina, Susana,
							Attention				

BA (CBCS) 3rd Sem Generic No of Students 51	Mental Health Issues GEED 302	-do-	-do-	-do-	2	Education & Mental Health				<i>Psychological Testing</i>
							16 & 17	2	Division of Attention	Anastasi, Anne, Urbina, Susana, <i>Psychological Testing</i>
								Total Periods required 17		Allotted Hours: 17 Actual Hours:17
							1	1	Principles of Good Mental Health	Bhan, S., & Dutt, N.K. “<i>Mental Health through Education</i>”
							2	1	Class test on the above- mentioned topics	
							3 & 4	2	Factors Affecting Mental Health	Bonny, M.E., “<i>Mental Health in Education</i>”
							5, 6 & 7	3	Adjustment & Maladjustment	Arkoff, Abe “<i>Adjustment and Mental Health</i>”
							8	1	Class Test on Adjustment & Maladjustment	
							9,10 & 11	3	Mechanisms of Adjustment	

							12, 13 & 14	3	Introduction, nature & Scope of Positive Psychology	Deka, N & Ali, L “Mental Health Issues”
							15, 16, 17, 18 & 19	5	Resilience, Empathy, Gratitude & Forgiveness	Deka, N & Ali, L “Mental Health Issues”
							20	1	Class test on Positive Psychology and related concepts	
							21, 22 & 23	3	Well-being, Pursuit of Happiness	Deka, N & Ali, L “Mental Health Issues”
							24 & 25	2	Revision & Question-answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							26 & 27	2	Tutorial/Remedial	
								Total Periods required 27		Allotted Hours: 25+2 Actual Hours:25+2

Women's College, Tinsukia
Teaching Plan Starting from August, 2022 (Odd Semester)

Class: BA Major & Non-Honours (CBCS)

Subject: Education

Semester: BA 5th Semester

Name of the Teacher: Dr. Nabanita Deka

PROCEDURE

(A DETAILED DESCRIPTION OF HOW THE COURSE/LESSON WILL BE TAUGHT)

Class	Title & Code of the Paper Allotted	Methods of Teaching	Steps to be Followed While Teaching	Teaching Materials	Unit	Topic	SL No of Class	Period Required	Detailed Teaching Plan	Remarks/ Books
BA (CBCS) 5th Sem Major No of Students 28	Mental Health Issues DSEED 504	Analytical method (through lecture, interaction, discussion, Quiz, Question-answer) & PPT	<p style="text-align: center;">Step 1 Preparation: Previous Knowledge Testing, Announcement of the Topic/ Statement of Aim</p> <p style="text-align: center;">Step 2 Presentation: Discussion and Explanation of the topic through chart,</p>	Reference books, Projector, Laptop, Black board, chalk, duster, chart etc	1	Fundamentals of Mental Health & Hygiene	1,2,3,4,5 & 6	6	Concept of Mental health, Criteria of a Mentally Healthy Person, Concept, Objectives, Goals and Principles of Mental Hygiene	Akhilanda, Swami "Mental Health and Hindu Psychology"
							7	1	Class test on the topics taught so far	

		Presentation	blackboard & Power Point, Comparison and Generalisation of the lesson taught Step 3 Application: Recapitulation through the presentation of the main points briefly, Question-answer from the portion taught on that day along with the previous contents of the same topic taught previously having link with it, Home assignment giving etc		2	Education & Mental Health	8,9	2	History of development of Mental Health and Hygiene	
	10,11,12,13,14 &15						6	Concept of Normality and Abnormality, Classification of Abnormal Behaviour, Characteristics of a Mentally Healthy Person	Akhilanda, Swami “Mental Health and Hindu Psychology”	
	16						1	Class test and quiz on the topics taught so far		
	17						1	Principles of Good Mental Health	Bahadur , Mal “Mental Health in Theory and Practice ”	
	18						1	Factors Affecting Mental Health	Bahadur , Mal “Mental Health in Theory and Practice ”	

							19	1	Class Test on the above-mentioned topics	
							20 & 21	2	Adjustment & Maladjustment	Akhilanda, Swami “Mental Health and Hindu Psychology”
							22	1	Class Test on adjustment & maladjustment	
							23 & 24	2	Mechanisms of Adjustment, Frustration, Conflict	Arkoff, Abe “Adjustment and Mental Health”
				3	Positive Psychology		25 & 26	2	Introduction, nature & Scope of Positive Psychology	Arkoff, Abe “Adjustment and Mental Health”
							27 & 28	2	Resilience, Empathy, Gratitude & Forgiveness	Arkoff, Abe “Adjustment and Mental Health”

									<i>ment and Mental Health”</i>
						29	1	Class test on Positive Psychology and related concepts	
						30	1	Well-being, Pursuit of Happiness	Arkoff, Abe <i>“Adjustment and Mental Health”</i>
						31	1	Class Test on the topics taught so far	
				4	Mental Health & Agencies of Education	32, 33 & 34	3	Home and Mental Health	Arkoff, Abe <i>“Adjustment and Mental Health”</i>
						35 & 36	2	Qualities of Healthy Home Environment	Akhilanda, Swami <i>“Mental Health and Hindu Psychology”</i>

							37, 38 & 39	3	Child Rearing Practices and Personality Development	Akhilanda, Swami <i>“Mental Health and Hindu Psychology”</i>
							40	1	Class Test on the topics taught so far	
							41 & 42	2	School and Mental Health	Akhilanda, Swami <i>“Mental Health and Hindu Psychology”</i>
							43 & 44	2	Teacher and Mental Health	Akhilanda, Swami <i>“Mental Health and Hindu Psychology”</i>
							45 & 46	2	Community and Mental Health	Akhilanda, Swami

											<i>“Mental Health and Hindu Psychology”</i>
								47	1	Class Test on the topics taught so far	
								48, 49, 50 & 51	4	Introduction to concept of Positive Psychology, Nature and Scope of Positive Psychology,	Bhan, S., & Dutt, N.K. <i>“Mental Health through Education”</i>
								52, 53, 54 & 55	4	Developing in stakeholders the concepts of resilience & empathy	Bhan, S., & Dutt, N.K. <i>“Mental Health through Education”</i>
								56	1	Class Test on the topics taught so far	
								57, 58, 59	3	Gratitude and forgiveness wellbeing	Bhan, S., & Dutt, N.K. <i>“Mental Health through</i>

									<i>Education</i>		
								60, 61 & 62	3	Pursuit of happiness	Bhan, S., & Dutt, N.K. <i>“Mental Health through Education”</i>
								63	1	Class Test on the topics taught so far	
					5	Yoga for Mental Health		64,65,66 & 67	4	Concept of Yoga, Yoga as the Scientific Method for the Development of Personality	Deka, N & Ali, L <i>“Mental Health Issues”</i>
								68, 69, 70 & 71	4	Need of Yoga for physical and mental health, Concept of health, healing and disease: Yogic perspectives	Deka, N & Ali, L <i>“Mental Health Issues”</i>
								72	1	Class Test on the topics taught so far	
								73, 74. 75 & 76	4	Yogic principles for healthy living, Integrated approach of Yoga for management of health	Deka, N & Ali, L <i>“Mental Health Issues”</i>
								77, 78 & 79	3	Pranayama and Meditation for promoting mental	Deka, N & Ali, L

BA (CBCS) 5th Sem Non- Honours (GE) No of Students	Education in Pre- independen t India EDDSEN 503	-do-	-do-	-do-	1	Educational Heritage of India			health	“Mental Health Issues”
							80, 81	2	Revision & Question- answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							82, 83, 84, 85 & 86	5	Tutorial/Remedial	
								Total Periods required 86		Allotted Hours: 81+5 Actual Hours: 81+5
							1,2,3,4 & 5	5	Education in Ancient India (Vedic & Buddhist Period)	Chand, J. “Educati on in Ancient and Medieval India”
6	1	Class Test on the Previous topic taught in the class								

							7, 8, 9, 10, 11 & 12	6	Education in Medieval India (Islamic System of Education)	Chaube, S.P and A. Chaube “<i>Educati on in Ancient and Medieval India</i>”
							13	1	Class test on Islamic Education	
							14, 15 & 16	3	Comparison among Vedic, Buddhist & Islamic Education System	Chaube, S.P and A. Chaube “<i>Educati on in Ancient and Medieval India</i>”
						do-	17 & 18	2	Revision & Question-answer discussion. Moreover, Home assignment, class assignment will be given from time to time	
							19, 20 & 21	3	Tutorial/Remedial	

								Total Periods required 21		Allotted Hours: 18+3 Actual Hours: 18+3
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