



Extension Activities & outreach programs: Session: 2018-2019

Women's College, Tinsukia

Activity 01 (Outreach program)



Programme Name:	Survey, Health awareness at adopted village
Programme Date:	01-07-2018 to 31-07-2018
Programme Duration:	1 month (100 hrs)
Organized by:	NSS Unit
Name of the Scheme	SBSI
No. Of Participants:	44
Venue:	Dhelakhat TE of Gottong GP
Mode:	Offline
Programme Summary: Volunteers conducted door to door survey, health awareness campaign, hand washing technique, street play, rally, video show, model making, road cleaning etc at Dhelakhat TE of Gottong GP	
Evidential Support: <div style="display: flex; justify-content: space-around;">   </div>	



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Activity 02

Programme Name:	Visiting China by NSS Volunteer
Programme Date:	3/7/18-10/7/18
Programme Duration:	8 Days
Organized by:	MYAS,Govt. of India
Name of the Scheme	International youth Exchange
No. Of Participants:	Students:01
Venue:	China
Mode:	Offline
Programme Summary: Paulomi Mukherjee visited China	
Evidential Support:	
<div style="display: flex; justify-content: space-around;">   </div>	



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Activity 03 (Outreach program)

Programme Name:	Cleanliness drive in School, adopted old age home, Road
Programme Date:	1-15Aug/18
Programme Duration:	15 Days (10 Hrs)
Organized by:	NSS Unit
Name of the Scheme	SwachhataPakhwada
No. Of Participants:	200 Volunteers
Venue:	Amar Ghar Old age home, adopted school, Women's College, Tinsukia.
Mode:	Offline
Programme Summary: 10 volunteers in each group worked for 15 days and cleaned college campus, class rooms, library, laboratory, auditorium, adopted school, old age home etc	
Evidential Support:	



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Activity 04 (Outreach program)

Programme Name:	PLEDGE FOR LIFE conducted by Volunteers in College Campus
Programme Date:	6/8/2018
Programme Duration:	1 day (15 mins)
Organized by:	NSS Unit
Name of the Scheme	Anti tobacco campaign
No. Of Participants:	150 (NSS Volunteers)
Venue:	College Campus
Mode:	Offline
Programme Summary: Anti Tobacco Campaign was conducted at Women's College, Tinsukia by the	



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students of NSS unit. The students took pledge not to take any tobacco products and aware their friends, family members, neighbours about adversity of tobacco users and will refrain them not to use tobacco products in life.

Evidential Support:



Activity 05 (Outreach program)

Programme Name:	Mobile Library Facility offered by college
Programme Date:	14/8/2018
Programme Duration:	1 day
Organized by:	Library, Women's College, Tinsukia
Name of the Scheme	Gyan Vriksha Mission
No. Of Participants:	Librarian along with two staff of Women's College, Tinsukia
Venue:	Bengmora Jatiyo Vidyalaya, Tinsukia
Mode:	Offline



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Programme Summary:

Total 45 books were handed over to the headmaster of Begmora Jatiyo Vidyalaya for the benefit of the students of the school for one month.

Evidential Support:

Sl. No.	Title of the Book	Acc. No.	Date	Receiver's Signature
32.	গোষ্ঠী মনোবৃত্তি	26722		
33.	বিজ্ঞান আবিষ্কার	26787	14/08/18	
34.	পুষ্টি নিৰ্ভৰতা	26710		
35.	প্ৰকৃতিৰ আৰু মানবিকতা	26782		
36.	অকৃতস্মৰ্ত আৰু বিজ্ঞান	27021		
37.	প্ৰকৃতিৰ চৰ্চিত	27008		
38.	প্ৰকৃতিৰ আৰু মানবিকতা	27243		
39.	ভাষাতাত্ত্বিক আৰু ইতিহাস	27427		
40.	পুষ্টি আৰু মানবিকতা	27652		
41.	প্ৰকৃতিৰ চৰ্চিত	27654		
42.	প্ৰকৃতিৰ আৰু মানবিকতা	27687		
43.	প্ৰকৃতিৰ আৰু মানবিকতা	27595		
44.	প্ৰকৃতিৰ আৰু মানবিকতা	27650		
45.	প্ৰকৃতিৰ আৰু মানবিকতা	27431		

Activity 06 (Outreach program)

Programme Name:	Visit to a GayatriMandir School for Distribution of Stationary & Sweets and Celebration of Independence Day
Programme Date:	15 TH AUGUST, 2018
Programme Duration:	1 DAY
Organized by:	ROTARACT CLUB OF WOMEN'S COLLEGE, TINSUKIA
Name of the Scheme	Aids to school children
No. Of Participants:	40+
Venue:	School at GayatriMandir
Mode:	Offline



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Programme Details:

7 members of Rotaract Club of Women's College, Tinsukia visited the school at GayatriMandir, Tinsukia to conduct a drawing Competition on the occasion of Independence day and also distributed stationary to approximately 40 students.

Evidential Support:




Activity 07 (Outreach program)

Programme Name:	PLEDGE FOR LIFE
Programme Date:	28/8/2018
Programme Duration:	1 day
Organized by:	NSS Unit
Name of the Scheme	Anti tobacco campaign
No. Of Participants:	Teachers& Guardians: :23 (12 teachers and 11 guardians)
	Students: 115(School children)



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Venue:	DurgabariSishuVidyalaya
Mode:	Offline
<p>Programme Summary:</p> <p>Anti Tobacco Campaign was conducted at DurgabariSishuVidyalaya by the students of NSS unit.</p>	
<p>Evidential Support:</p> 	


Activity 08 (Outreach program)

Programme Name:	PLEDGE FOR LIFE conducted by Volunteers in neighboring school
Programme Date:	13/9/2018
Programme Duration:	1 day
Organized by:	NSS Unit
Name of the Scheme	Anti tobacco campaign



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No. Of Participants:	95 (School Children) 8 (NSS Volunteers)
Venue:	Tinsukia Bengali Girls High School
Mode:	Offline
Programme Summary: Anti Tobacco Campaign was conducted at Tinsukia Bengali Girls High School by 8 volunteers of NSS unit.	
Evidential Support: 	

Activity 09 (Outreach program)

Programme Name:	PLEDGE FOR LIFE
Programme Date:	15/9/2018
Programme Duration:	1 day
Organized by:	NSS Unit



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Name of the Scheme	Anti tobacco campaign
No. Of Participants:	Students: 200, NSS Volunteers; 10
Venue:	Women's College Tinsukia
Mode:	Offline
Programme Details: 200 students of Women's College, Tinsukia took anti tobacco consumption pledge.	
Evidential Support: <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> <div style="border: 1px solid #ccc; padding: 10px; margin-top: 10px;"> </div> </div>	

Activity 10 (Outreach program)

Programme Name:	PLEDGE FOR LIFE conducted by Volunteers in neighboring school
Programme Date:	21/9/2018
Programme Duration:	1 day



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Organized by:	NSS Unit
Name of the Scheme	Anti tobacco campaign
No. Of Participants:	Students: 111, NSS Volunteers; 10
Venue:	Samarjyoti School
Mode:	Offline

Programme Summary:

Anti Tobacco Campaign was conducted at Samajyoti School by the volunteers of NSS unit.

Evidential Support:






Activity 11 (Outreach program)

Programme Name:	AWARENESS COTPA FIELD VISIT
Programme Date:	21/9/2018
Programme Duration:	1 day



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Organized by:	NSS Unit
Name of the Scheme	Anti tobacco campaign
No. Of Participants:	Beneficiaries: 1000 +, Volunteers: 10
Venue:	Tinsukia District
Mode:	Offline
Programme Details: NSS volunteers of Women's College, Tinsukia made 1000s of students and shopkeepers in Tinsukia take pledge for anti tobacco consumption.	
Evidential Support: <div style="text-align: center;">  <p>Like Comment Share</p>  <p>Like Comment Share</p>  <p>Like Comment Share</p> </div>	

Activity 12 (Outreach program)

Programme Name:	PLEDGE FOR LIFE
Programme Date:	24/9/2018



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Programme Duration:	1 day
Organized by:	NSS Unit
Name of the Scheme	Anti tobacco campaign
No. Of Participants:	Teachers: 10
	Students: 95
Venue:	Women's College, Tinsukia
Mode:	Offline

Programme Details:

On 24th September, 2018 (NSS Day), the NSS Unit of Women's College, Tinsukia organized '**pledge for life campaign**' (anti-tobacco) for the teachers and students of the college whereby more than 150 students and teachers took pledge.

Evidential Support:



Activity 13 (Outreach program)

Programme Name:	Cleanliness drive in Daily Bazaar, Road and Durgabari
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Programme Date:	02/10/2018
Programme Duration:	1 Day (2 hrs)
Organized by:	NSS & NCC Unit
Name of the Scheme	Gandhi Jayanti
No. Of Participants:	15
Venue:	Durgabari area, daily bazaar and college campus
Mode:	Offline

Programme Summary:

Volunteers cleaned Durgabari area, daily bazaar and college campus



Evidential Support:





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Women's College, Tinsukia Activity 14 (Outreach program)

Programme Name:	Diwali Celebration at Old Age Home " Amar Ghor Tinsukia "
Programme Date:	05/11/2018
Programme Duration:	1 DAY
Organized by:	ROTARACT CLUB OF WOMEN'S COLLEGE, TINSUKIA
Name of the Scheme	Community service
No. Of Participants:	09
Venue:	Amar Ghor Old Age Home
Mode:	Offline
Programme Details: 9 members of Rotaract Club of Women's College, Tinsukia went to celebrate Diwali with the residents of old age home to make them feel loved and cared for.	
Evidential Support: <div style="display: flex; justify-content: space-around;">   </div>	



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Activity 15 (Outreach program)

Programme Name:	Rally and street play on AIDS Awareness
Programme Date:	01/12/2018
Programme Duration:	1 Day (2 hrs)
Organized by:	NSS
Name of the Scheme	AIDS Awareness
No. Of Participants:	45
Venue:	Tinsukia Chariali
Mode:	Offline
Programme Summary: 45 volunteers of NSS performed a street play and took out a rally to spread awareness about AIDS.	
Evidential Support:	



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Activity 16 (Outreach program)

Programme Name:	Went to Gyanankush, an Orphanage and Organized Kids Olympics
Programme Date:	02/12/2018
Programme Duration:	1 DAY
Organized by:	ROTARACT CLUB OF WOMEN'S COLLEGE, TINSUKIA in collaboration with Rotary Club of Tinsukia
Name of the Scheme	Community service
No. Of Participants:	103
Venue:	Gyanankush
Mode:	Offline



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Programme Details:

10 members of Rotaract club of Women's College, Tinsukia along with Rotaract club of Tinsukia organized Kids Olympics for students of Gyanankush.

Evidential Support:



Activity 17 (Outreach program)

Programme Name:	PLEDGE FOR LIFE IN G.S. LOHIA COLLEGE	
Programme Date:	03/12/2018	
Programme Duration:	1 day	
Organized by:	NSS Unit	
Name of the Scheme	Anti tobacco campaign	
No. Of Participants:	Teachers: 15	
	Students: 300	
Venue:	G.S. LOHIA COLLEGE	



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Mode:	Offline
<p>Programme Summary:</p> <p>14 volunteers of NSS Unit of Women's College, Tinsukia; conducted an anti tobacco campaign at G.S. Lohia Girls' College, Tinsukia.</p>	
<p>Evidential Support:</p> 	



Activity 18 (Outreach program)

Programme Name:	New Year Celebration at Orphanage Gyanankush
Programme Date:	01/01/2019
Programme Duration:	1 DAY
Organized by:	ROTARACT CLUB OF WOMEN'S COLLEGE, TINSUKIA
Name of the Scheme	COMMUNITY SERVICE
No. Of Participants:	4 (Members), 25 (Beneficiaries)



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Venue:	Gyanankush
Mode:	Offline
Programme Details: Members of Rotaract Club of Women's College, Tinsukia alongwith members of Rotaract Club of Tinsukia went to Gyanankush to celebrate Christmas and New year with the students there. The members distributed Christmas caps, sweets and gifts to the students there.	
Evidential Support: <div style="display: flex; justify-content: space-around;">   </div>	



Activity 19 (Outreach program)

Programme Name:	65 students from different institutions of Tinsukia participated in debate competition
Programme Date:	24/01/2019
Programme Duration:	1 DAY
Organized by:	NSS UNIT
Name of the Scheme	District Youth Parliament



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No. Of Participants:	65
Venue:	Women's College, Tinsukia
Mode:	Offline
<p>Programme Summary:</p> <p>The NSS Unit of Women's College, Tinsukia successfully organized the district level Youth Parliament on 24th January, 2019. Total 65 youths throughout the district were selected for final round on the basis of 'walk on screening' and online screening. The most important role played by panel of judges comprising of Dr.BudhinGogoi (Principal-Margherita college), Ms.Mayuri Sharma Baruah(Journalist and teacher, Tinsukia college), Mr.Manoranjana Sharma(social activist) and Dr. A. Borthakur (an eminent sports personality and academician). Winners were selected on the basis of points as per guidelines.</p>	
<p>Evidential Support:</p> <div style="display: flex; justify-content: space-around;">   </div>	


Activity 20 (Outreach program)

Programme Name:	Visit to Happy School to Donate Winter wear, Shoes, Stationary
Programme Date:	26/01/2019
Programme Duration:	1 DAY
Organized by:	ROTARACT CLUB OF WOMEN'S COLLEGE, TINSUKIA



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Name of the Scheme	COMMUNITY SERVICE
No. Of Participants:	02
Venue:	Happy School
Mode:	Offline
Programme Details: 2 members of Rotaract Club of Women's College, Tinsukia along with Rotaract Club of Tinsukia and Rotary Club of Tinsukia visited Happy School on the occasion of Republic day and donated winterwear, shoes and stationary to the children.	
Evidential Support: 	



Activity 21

Programme Name:	National productivity day
Programme Date:	18/02/2019
Programme Duration:	1 DAY (1 hr)
Organized by:	NSS



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Name of the Scheme	AWARENESS
No. Of Participants:	25
Venue:	Women's College, Tinsukia
Mode:	Offline
Programme Summary: Volunteers attended a lecture programme on “productivity, economy and sustainability”. Lecture was delivered by Ms. Supriya Shyam of Economics dept.	
Evidential Support: <div style="display: flex; justify-content: space-around;">   </div>	

Activity 22 (Outreach program)

Programme Name:	PLEDGE FOR LIFE
Programme Date:	23/02/2019
Programme Duration:	1 day



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Organized by:	NSS Unit
Name of the Scheme	Anti tobacco campaign
No. Of Participants:	Teachers:
	Students:
Mode:	Online
Programme Details: NSS unit of Women's College, Tinsukia conducted an online Anti Tobacco campaign.	
Evidential Support: <div style="text-align: center; margin-top: 20px;"> </div>	

Activity 23 (Outreach program)

Programme Name:	National Science Day Observation
Programme Date:	28/02/2019



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Programme Duration:	1 DAY
Organized by:	IQAC
Name of the Scheme	Science awareness
No. Of Participants:	Students: 60
Venue:	Auditorium, Women's College, Tinsukia
Mode:	Offline
Programme Details: National science Day Observation began with Flag hoisting followed by a floral tribute to C.V. Raman & S. Ramanujan. A presentation was made by Honorable Principal of Women's College, Tinsukia Dr. RajibBrdoloi. Various competitions were organized in which 60 students from 15 different schools participated.	
Evidential Support: 	

Activity 24 (Outreach program)

Programme Name:	Walkathon on breast cancer and cervical cancer
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	awareness programme
Programme Date:	08/03/2019
Programme Duration:	1 DAY (3 hrs)
Organized by:	NSS & Women's Cell, TSK
Name of the Scheme	International Women's Day
No. Of Participants:	80
Venue:	Tinsukia
Mode:	Offline

Programme Summary:

NSS Unit of Women's College, Tinsukia organized a number of programmes for cancer awareness and prevention during 2018-19 period. The volunteers conducted door to door **survey in adopted village** to aware the villagers on harmful uses of tobacco, gutkha, and other tobacco related products. **NSS Volunteers (80)** and PO participated in **Breast and Cervical cancer awareness rally** on 8th March, 2019 in collaboration with Indian Medical Association, women branch.



Evidential Support:





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Programme Name:	We For Her (Sanitary Napkin Distribution at a Govt. School in Guijan)
Programme Date:	08/03/2019
Programme Duration:	1 DAY
Organized by:	ROTARACT CLUB OF WOMEN'S COLLEGE, TINSUKIA
Name of the Scheme	Community service
No. Of Participants:	10
Venue:	Guijan
Mode:	Offline
Programme Details: 10 members of Rotarct Cub of Women's College, Tinsukia along with Rotary Club of Tinsukia, Rotaract Club of Tinsukia and Tinsukia District Forum of Obstetricians and Gynaecologists visited and distributed Sanitary napkins to girls of a govt. School in Guijan.	
Evidential Support: <div style="display: flex; justify-content: space-around;">   </div>	



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Activity 26 (Outreach program)

Programme Name:	7 days programme in adopted village: survey, eye check up, educational help to children
Programme Date:	17/03/2019-22/03/2019
Programme Duration:	6 DAYS
Organized by:	NSS
Name of the Scheme	NSS Special campaign
No. Of Participants:	65 (Volunteers)
Venue:	Goriating Village
Mode:	Offline

Programme Summary:

The NSS unit conducted special camp activities in adopted village (Goriating) with following activities: Survey, anti-tobacco awareness programme, immunization , cleanliness drive, health awareness, eye check- up, book distribution, quiz programmeetc

This time total 65 volunteers attended the camp and they were divided into small groups to conduct survey in each houses of the village. There were two types of survey they conducted on 18th and 19th. One was about immunization and vaccination and second one was about tobacco uses. From the survey it was found that most of the children of the village were given timely vaccines as per doctors' advice and they are quite healthy also. On the other hand it was found that every body of the village takestamul and few other tobacco products or country made liquor. On 17th there was free eye check up camp where eye specialist from Tinsukia, Dr. P.K. Bhattacharjee came and tested a number of people of the village. He also offered free eye operation in his Hospital in the next week .On 20th, the volunteers organized cleanliness drive in the village for two hours in the morning and afterwards they



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took classes in different class. On 21st, quiz and sports, extempore speech competition were conducted among the children. The last day was for open meeting where prizes were distributed among the children. The valedictory function was presided over by the Principal of Women's College, Tinsukia.

Evidential Support:



Activity 27

Programme Name:	11 students attended NSS Camp in Arunachal Pradesh
Programme Date:	23/03/2019-27/03/2019
Programme Duration:	5 DAYS
Organized by:	MYAS,Govt. of India
Name of the Scheme	NE NSS Festival
No. Of Participants:	11
Venue:	Donbosco college, Itanagar
Mode:	Offline
Programme Summary: In different competitions in the camp , SukanyaDey got first prize in report writing, SadhanaMandal got second in poem writing, Archanakumari got third in extempore speech competition whereas SonaliKustha got participation certificate in sketch competition, Nikita kumari in Volleyball.	
Evidential Support:	



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Activity 28

Programme Name:	Free health check up camp in Women's College Hostel
Programme Date:	31/03/2019
Programme Duration:	1 DAY (2.5 hrs)
Organized by:	NSS & IMA, Tinsukia
Name of the Scheme	Community service
No. Of Participants:	13
Venue:	S.C. DeySorcar Hostel, Women's College, Tinsukia
Mode:	Offline
Programme Summary: Dr.PrunaAgarwal, an eminent gynaecologist of Tinsukia was invited in the camp. She examined the health of 20 students and spoke on life skill, habit change etc to maintain a good health without taking any medicine.	



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Evidential Support:



Activity 29

Programme Name:	Menstrual hygiene week
Programme Date:	21/5/19-28/5/19
Programme Duration:	1 WEEK (7 hrs)
Organized by:	NSS
Name of the Scheme	Awareness programme
No. Of Participants:	12
Venue:	Women's College, Tinsukia
Mode:	Offline
Programme Summary: Lecture on menstrual hygiene, sanitation, nutrition, activities during periods etc by different experts and Doctors. On 28 th Dr. Purna K. Agarwal delivered lecture on menstrual hygiene.	



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Target group-H.S. students. Collaborators-NSS,NCC,CHSC

Evidential Support:



Activity 30 (Outreach program)

Programme Name:	Mass plantation in Janumukh village
Programme Date:	05/06/2019
Programme Duration:	1 DAY (3 hrs)
Organized by:	NSS Unit, NCC and Eco club
Name of the Scheme	World Environment Day
No. Of Participants:	25
Venue:	Janumukh Village (New Campus of the College)
Mode:	Offline



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Programme Summary:

Mass plantation-150 saplings planted in new college campus at Janumukh village
Collaborators-NSS,Eco club, NCC

Evidential Support:



Activity 31

Programme Name:	Yoga camp: Five days Yoga training	
Programme Date:	17/6/19-21/6/19	
Programme Duration:	5 DAYS	
Organized by:	NSS UNIT	
Name of the Scheme	International Yoga Day	
No. Of Participants:	Teachers: 15	
	Students: 85	
Venue:	Women's College, Tinsukia	



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Mode:

Offline

Programme Summary:

Evidential Support:

