



Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 01

Programme Name:	Online campaign
Programme Date:	July 2020-Nov. 2020
Programme Duration:	5 Months
Organized by:	NSS
Name of the Scheme	Spit free India movement
No. Of Participants:	Beneficiaries:1311
Mode:	Online

Programme Summary:

Programme officer and two nss volunteers received bronze medal from 'sambandh health foundation' for the contribution in "spitting kills" an online campaign to make spit free india. The unit was successful to aware 1311 people from April, 2020 to December, 2020.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 02

Programme Name:	Rakshitam: Distribution of Sanitization materials.
Programme Date:	10/07/2020
Programme Duration:	1 day
Organized by:	Rotaract Club of Women's College, Tinsukia
Name of the Scheme	Community Service
No. Of Participants:	Teachers: Students:
Venue:	Thank Chariali, Tinsukia
Mode:	Offline

Programme Details:

On 7th of July, 2020; the members of Rotaract Club of Women's College, Tinsukia executed project 'Rakshitam' at Thana Chariali, Tinsukia to express gratitude to the real heroes i.e. Tinsukia Police by providing sanitizers, face masks and face shields to them.

Evidential Support:



On 10th July, RAKSHITAM was executed at Tinsukia Thana Chariali to say THANK YOU to our real heroes our i.e. Tinsukia's Police who works day and night for the betterment of our society. And for them and the sacrifice of their families we are safe today.

We said Thank you to them with the following necessary items :

- 1) Hand Sanitizers- 10 pieces
- 2) Face mask- 20 pieces
- 3) Face Protect Sheet- 10 pieces.



Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 03

Programme Name:	Covid-19 (RT-PCR) Test Camp
Programme Date:	25/08/2020
Programme Duration:	1 day
Organized by:	Women's College, Tinsukia in association with District Administration.
Name of the Scheme	Community service
No. Of Participants:	Teachers:
	Students:
Venue:	Women's College, Tinsukia
Mode:	Offline

Programme Details:

Swab sample of all teaching and non-teaching staff of the college as well as teachers of different neighboring schools and colleges were collected.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 04

Programme Name:	Annapurna (Feeding Street Beggars and Street Animals)
Programme Date:	30/10/2020
Programme Duration:	1 Day
Organized by:	Rotaract Club of Women's College, Tinsukia
Name of the Scheme	Community Service
No. Of Participants:	05
Venue:	Near ShaniMandir
Mode:	Offline

Programme Summary:

The members of Rotaract Club of Women's College, Tinsukia; distributed food items to the street beggars near ShaniMandir. They also fed the street animals.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 05

Programme Name:	Special lecture
Programme Date:	07/11/2020
Programme Duration:	1 day
Organized by:	WSDC
Name of the Scheme	Prospects of Women Entrepreneurship Development in Assam
Mode:	Online

Programme Details:

A special lecture was organized by Women's Studies and Development Cell of Women's College, Tinsukia in which the participants were Villagers of different villages of Tinsukia, Teachers & Students of different educational institutions of Assam. The programme was conducted on Zoom and was live streamed on youtube. The resource person was Mr. Hemanta Rabha, Project Head, Indian Institute of Entrepreneurship, Guwahati

Evidential Support:



Link of the virtual lecture Programme: <https://youtu.be/Zr007XG15Lo>



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Women's College, Tinsukia

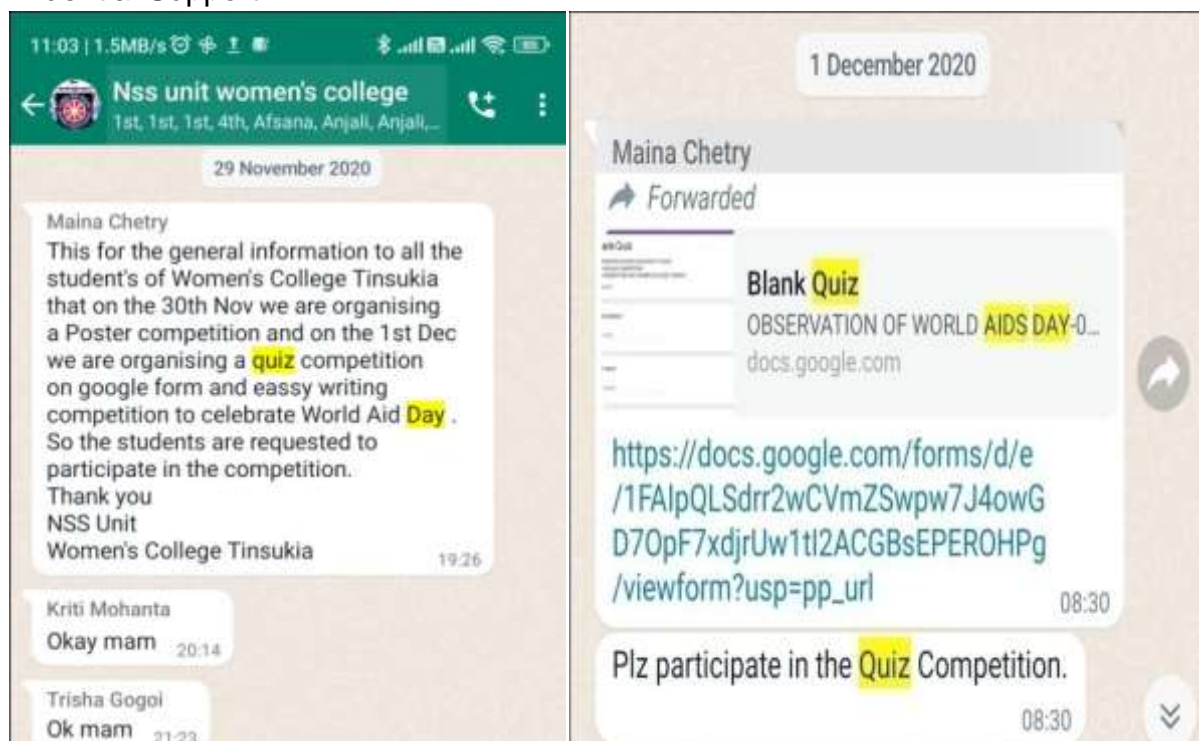
Extension Activity 06

Programme Name:	Quiz competition
Programme Date:	01/12/2020
Programme Duration:	1 DAY
Organized by:	NSS
Name of the Scheme	World AIDS Day
No. Of Participants:	120
Venue:	Zoom
Mode:	Online

Programme Summary:

An online quiz competition was organized by NSS unit on the occasion of World Aids Day to sensitize the students regarding AIDS whereby 120 students were sensitized.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 07

Programme Name:	Public Statue cleaning
Programme Date:	12/12/2020
Programme Duration:	1 DAY
Organized by:	NCC
Name of the Scheme	Cleanliness Drive
No. Of Participants:	21
Venue:	Daily Bazar, Tinsukia
Mode:	Offline

Programme Summary:

21 Cadets of NCC wing of Women's College, Tinsukia cleaned the statue of Bhupen Hazarika in daily bazaar area.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 08

Programme Name:	Cleanliness drive in neighbourhood
Programme Date:	22/12/2020
Programme Duration:	1 DAY
Organized by:	NSS
Name of the Scheme	Swachh Bharat Abhiyan
No. Of Participants:	30
Venue:	Rangagora Road
Mode:	Offline

Programme Summary:

NSS Volunteers alongwith NCC Cadets cleaned up the neighbourhood of Women's College, Tinsukia.

Evidential Support:





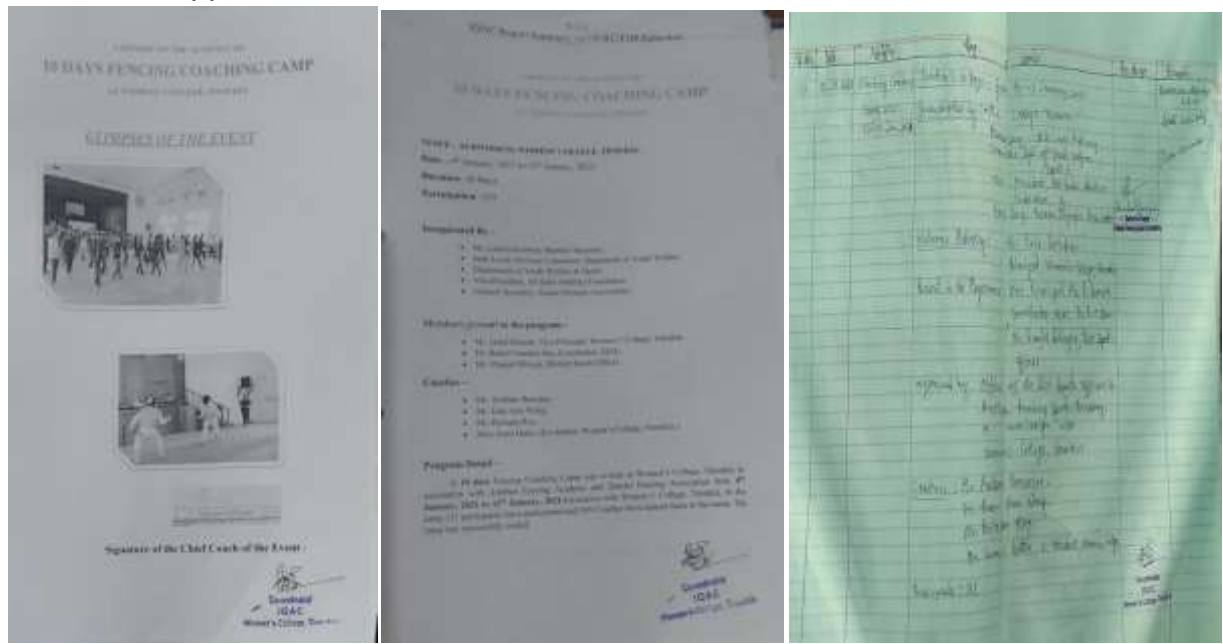
Extension Activities & outreach programs: Session: 2020-2021
Women's College, Tinsukia
Extension Activity 9

Programme Name:	Fencing Coaching camp
Programme Date:	04/01/2021-13/01/2021
Programme Duration:	10 DAYS
Organized by:	Office of Dist. Sports Officers & Anirban Fencing Sports Academy in association with Women's College, Tinsukia
Name of the Scheme	Physical development
No. Of Participants:	121
Venue:	Women's College, Tinsukia
Mode:	Offline

Programme Summary:

A 10 days fencing coaching camp was organized by Office of Dist. Sports Officers & Anirban Fencing Sports Academy in association with Women's College, Tinsukia. The camp was inaugurated by Mr. LakhyaKonwar (Secretary of State Level Advisory Committee & Assam Olympic Association; Vice President of All India Atheletic Federation) in presence of Honourable Principal of Women's College, Tinsukia- Dr. RajibBordoloi & Vice Principal of Women's College, Tinsukia- Dr. DulalBaruah.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 10

Programme Name:	Mobile Library Facility
Programme Date:	06-01-2021
Programme Duration:	1 day
Organized by:	Women's College, Tinsukia Library
Name of the Scheme	Gyan Vriksha Mission
No. Of Participants:	56 Books were issued
Venue:	Gopal Krishna Girl's High School, Makum
Mode:	Offline

Programme Summary: 56 books were issued to the Head Mistress of Gopal Krishna Girl's High School from the Library of Women's College, Tinsukia for a period of 1 month for the benefit of the students of the school.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

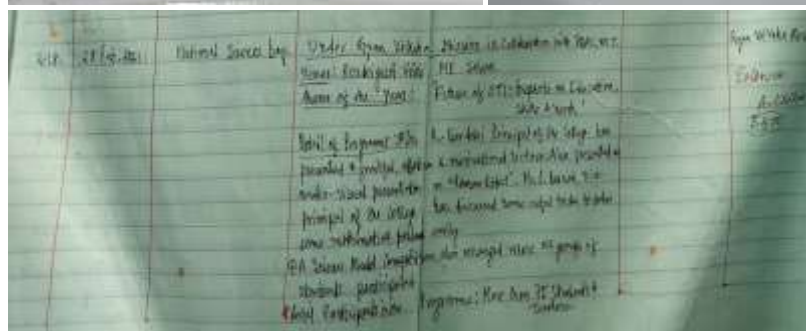
Extension Activity 11

Programme Name:	National Science Day Observation
Programme Date:	28/02/2021
Programme Duration:	1 DAY
Organized by:	IQAC
Name of the Scheme	GyanVriksha Mission
No. Of Participants:	75+ Students & Teachers
Venue:	Kordoiguri Girls M.E. School
Mode:	Offline

Programme Summary:

Under GyanVriksh Mission, National Science Day was observed at Kordoiguri School M.E. School where Honourable Principal of Women's College, Tinsukia Dr. RajibBordoloi explained regarding "Raman Effect" and Honourable Vive Principal of Women's College, Tinsukia Mr. DulalBaruah explained various mathematical tricks to the students of the school. A science model competition was also conducted to observe this day.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 12

Programme Name:	Legal Awareness
Programme Date:	08/03/2021
Programme Duration:	1 DAY
Organized by:	NSS/WSDC/DLSA
Name of the Scheme	INTERNATIONAL WOMEN'S DAY
No. Of Participants:	200 +
Venue:	Itakhuli Block
Mode:	Offline

Programme Summary:

A legal awareness programme on “domestic violence and legal protection” was organised by nss unit in collaboration with women’s studies and development cell and in association with district legal services authority, tinsukia at itakhuli block on 8th march, 2021. The programme was attended by more than 200 women from nearby villages.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 13

Programme Name:	Public Statue cleaning
Programme Date:	12/03/2021
Programme Duration:	1 DAY
Organized by:	NCC
Name of the Scheme	Cleanliness Drive
No. Of Participants:	20
Venue:	Thana Chariali, Tinsukia
Mode:	Offline

Programme Details:

20 NCC Cadets cleaned the Statue of BhupenHazarika at Thana Chariali.

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 14

Programme Name:	Health Check up Camp
Programme Date:	06/04/2021
Programme Duration:	1 DAY
Organized by:	ICMR-RMRC, Dibrugarh
Name of the Scheme	HEALTH
No. Of Participants:	40+ Teachers & Staff Members
Venue:	Women's College, Tinsukia
Mode:	Offline

Programme Details:

ICMR-RMRC conducted tests for teachers and staff members of the college and informed regarding how to keep a check on Blood pressure level through mobile phone app.

Evidential Support:

S.No	Date	Activities	Programme	Details	Remarks
226	06.04.2021	Health check-up Camp	Organized by ICMR-RMRC, NE Region Dibrugarh, Assam. Project → Self monitoring of blood pressure and decision support with lifestyle intervention through mobile Health Apps to control BP. Staff involved → <ul style="list-style-type: none"> Dr. Anjanika Patra Dr. Prayanshi Borah Sandhya Gupta Ujjwal Borah Anupam Borah Check up done → 40+ Teachers and Staff E.T.G. + 18+ <ul style="list-style-type: none"> Blood pressure Weight, height, waist, hip circumference 	Time → 10:30 AM → 4:30 PM Instructors: Dr. Anjanika Patra, Dr. Prayanshi Borah, Sandhya Gupta, Ujjwal Borah, Anupam Borah Date: 06/04/21	Extension Activity (Health check-up) 06/04/21 Coordinated by IOAC, Women's College, Tinsukia



Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 15

Programme Name:	Plantation
Programme Date:	04.06.2021 & 05.06.2021
Programme Duration:	2 days
Organized by:	NSS Unit in collaboration with Forest Dept. Tinsukia
Name of the Scheme	World Environment Day
No. Of Participants:	Teachers: 02
	Students: 04
Venue:	Tinsukia Bypass
Mode:	Offline

Programme Details:

On 4th June, NSS Volunteers planted 27 saplings in bypass area of Tinsukia in collaboration with forest dept.

On 5th June, there was NE Prize money green quiz (online) competition where 35 NSS volunteers from NE states participated and 1st prize secured by Kingshuk Talukdar, NIT, Silchar; 2nd- Philomina Rusta, Kohima Science College, 3rd- Avantika Rout, Women's College, Tinsukia

Evidential Support:





Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 16

Programme Name:	NE Green Quiz
Programme Date:	05/06/2021
Programme Duration:	1 DAY
Organized by:	NSS/ ECO CLUB
Name of the Scheme	World environment day
No. Of Participants:	35
Mode:	Online

Programme Summary:

On 5th June the north east prize money green quiz competition (online) was conducted by nss unit in collaboration with eco club and iqac of women's college, tinsukia. In this quiz, first prize was bagged by kingshuktalukdar of nit, silchar, 2nd prize by philominarutsa of kohima science college and 3rd prize by avantikarouth of women's college, tinsukia. There were 55 participants joined in first round and six were selected for final round. Quiz was conducted by mr.Sujitkumarsonowal ,asstt. Professor of Women's College, Tinsukia.

Evidential Support:

**NORTH EAST PRIZE MONEY
ONLINE QUIZ COMPETITION
Award Certificate**

This is to certify that **Asmita Saha** of Women's College Tinsukia has secured 1st position in the WCT Green Quiz-2021 (North East Quiz Competition) organized by NSS Unit, ECO Club & IQAC of Women's College, Tinsukia held on 5th June, 2021 on the occasion of World Environment Day.

Dr. Sujit Kumar Sonowal
Principal
Women's College, Tinsukia

Dr. Anjali Ch. Bar
Coordinator, IQAC
Women's College, Tinsukia

Dr. Soumen Barua
Programme Officer, NSS Unit
Women's College, Tinsukia

**WCT GREEN QUIZ 2021
5th JUNE, 2021
SCHEDULE**

Time	Particulars
9:00 AM	Quiz starts
	Qualifying Round: Level 1- Video link provided
9:07 AM	Question Link provided (based on the video)
9:15 AM	Submission closed
9:20 AM	Qualifying Round: Level 2-Question link provided
9:30 AM	Submission closed
9:40 AM	Result of Qualifying Round
10:00 AM	Main Round (Live Quiz) starts: Level 1-Open Question
10:15 AM	Main Round (Live Quiz): Level 2- Direct Question
10:40 AM	Main Round (Live Quiz): Level 3-Rapid Fire
11:15 AM	Result



Extension Activities & outreach programs: Session: 2020-2021

Women's College, Tinsukia

Extension Activity 17

Programme Name:	Yoga with family
Programme Date:	21/06/2021
Programme Duration:	1 DAY
Organized by:	NSS
Name of the Scheme	Int. Yoga Day
Mode:	Online

Programme Outcome:

Demonstration of benefits of Yoga was done hereby the students participated with their families. Video has been uploaded on youtube. Volunteers practiced yoga in their home with their family members and uploaded videos on 'yoga' in social Medias to aware the people regarding importance of yoga in everyday life.

Evidential Support:



Youtube Link:

<http://youtu.be/zycnd9k7Rh8>